

World Food Summit – Better Food for More People

Breakout session in Bella Center Copenhagen, 31 August 2018

Learn4health Breakout Session I

Time: 9:00-10:00

Conference room: 21

Subject: Two European examples on the theme *Better Information; The Sprout Wagon and Policy Recommendations*.

Format: Presentation of different projects from the Erasmus+ Strategic Partnership *Learn4health*. During the presentation there will be practical hands-on examples on how it is possible to work with health promoting measures aimed at children in different cultural educational contexts and across European borders. Furthermore, a moderator will aid the discussion and debate about the themes with the audience.

Speakers: Vibeke Prip Larsen, teacher, Head of Science, *Arden School* & Marjon Willers, Director, *Health Education Trust*

Moderator: Jose Torralba, Senior Researcher, Open University of Catalonia

Chair: Anna Eva Heilmann, Research Assistant, Aalborg University

Program: With a starting point in especially *Food Diversity*, one of the four themes at the foundation of *World Food Summit 2018 – Better Food for More People*, we will present the Erasmus+ project: A unique and innovative collaboration between primary schools and higher educational institutions in 6 different EU countries. The overall aim of *Learn4health* is to communicate and mediate a better understanding of food, food education nutrition and health for children and young adults, as well as to develop new strategies where children are placed in concrete hands-on learning contexts and activities in relation to these themes. In *Learn4health*, the goal is to create new ways to promote the understanding of health, food and nutrition, and especially the understanding of where the food comes from. The projects in *Learn4health* are primarily directed at students in kindergartens, primary/secondary schools, and at high school levels.

Learn4health Breakout Session I will then present two chosen projects from *Learn4health*, from the project partners at *Arden School* in Denmark and from *Health Education Trust* in the United Kingdom, who will each present their respective projects and subsequently invite the audience into a discussion.

Arden School has, in collaboration with Aalborg University, designed and constructed a mobile **Growth Wagon**, which is going to be used in lessons across a range of subjects. The *Sprout Wagon* will have a base on a common area but is mobile and can be moved into classrooms where the students can then

experiment with growing edible plants by measuring and administrating the adjustable light, water and temperature. This is a unique project with an aim of creating a connection between classroom and nature,

Health Education Trust is working on developing *Policy Recommendations*; identifying and assessing objectives for schools regarding food, nutrition and health based on hands-on approaches to education. The goal is to formulate a set of recommendations, which can be implemented in schools across Europe.

Target Group/audience: Both Learn4health Breakout Sessions are aimed at anyone with an interest in how to develop new initiatives in connection with education, and in the creation of knowledge, information and interest in food, nutrition and health.

Read More: Further information about Learn4health can be found here: <http://learn4health.eu>